



Care path to
recovery

St. Joseph's Centre for Acute Injury Rehabilitation

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URBAN
MUNICIPAL



A teaching hospital committed to education and research with McMaster University



Physiatry



Orthopedics



Physiotherapy



Psychology



Kinesiology



Client Centred



Case Management



Complete Care

Gold Standard



Evidence-based



Diagnostics on site



Our Philosophy:

Goal-oriented, client-centred care

Our individualized, time-targeted, and outcome-based treatment promotes self-responsibility and incorporates a behavioural approach to the rehabilitation of injured clients.

Our Services:

Complete Care

At St. Joseph's Centre for Acute Injury Rehabilitation, we provide one-stop care - comprehensive personalized treatment plans based on an interdisciplinary assessment. The professionals at our Centre plan and initiate treatments for injured clients with multiple problems caused by work related or motor vehicle accident injuries.

Our Team:

Interdisciplinary

Our experienced team of professionals includes a physiotherapist, physiatrist, kinesiologist, orthopedic surgeon, psychologist, and family practitioner.

Our Location:

Full-service

St. Joseph's full-service site is centrally located, offering quick access to diagnostic tests and specialists, as required.

Wheelchair accessible.

Parking passes available.

Our Credentials:

Evidence-based

St. Joseph's is a fully-accredited teaching hospital committed to evidence-based health care through multidisciplinary education and research. Clinic staff at St. Joseph's Centre for Acute Injury Rehabilitation are affiliated with McMaster University.



Centre for Acute Injury Rehabilitation

Interdisciplinary



Our Facilities:

Leading-edge

Our state-of-the-art facilities include a fully equipped gymnasium, individual treatment areas, and heated therapeutic pool.

Treatment Offered:

- Manual therapy
- Individualized active and progressive resisted exercise
- Work conditioning specific to the injured client's functional demands
- Cardiovascular training
- Workplace assessment and reintegration
- Psychological screening and intervention where required
- Design of community based gym program
- Education: Health promotion
Preventative, and maintenance programs
Strategies for resumption of all functional activities

Your Assurance:

A Care Path for Complex Cases

Clinical objectives are established and monitored in consultation with treating clinicians. Each case is coordinated and managed through the Centre, and communication between key stakeholders is maintained throughout treatment.

Physicians regularly re-evaluate clients and their care paths as required within the interdisciplinary team. All clients are assured of complete, comprehensive care from admission until discharge.

Leading-edge



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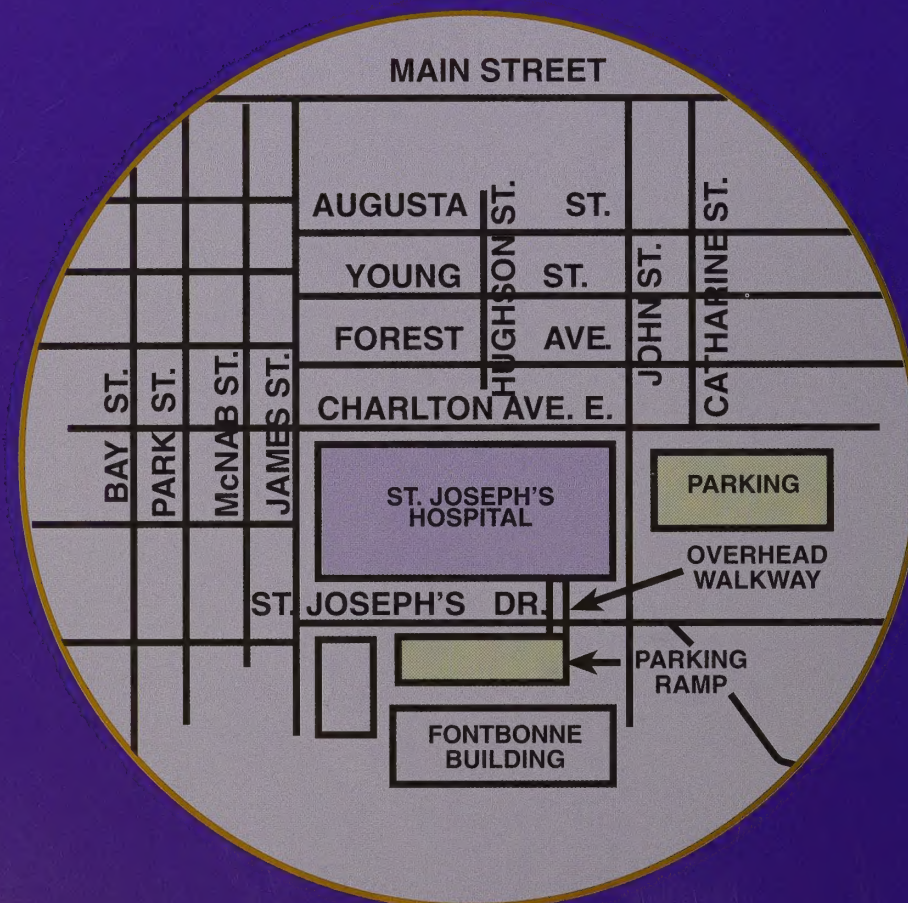
Injury Rehabilitation



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